

# WHAT TO KNOW BEFORE YOU GO



## FAMILY HOLIDAY? BUSINESS TRIP?

Check your immunisation status before  
travelling and get vaccinated



### WE TREAT

- |                                 |                     |               |             |
|---------------------------------|---------------------|---------------|-------------|
| + Yellow Fever                  | + Pertussis         | + Pneumonia   | + Mumps     |
| + Dispensing of malaria tablets | + Polio             | + Typhoid     | + Rubella   |
| + Tetanus                       | + Hepatitis A and B | + Chicken Pox | + Rabies    |
| + Diphtheria                    | + Meningeal         | + Measles     | + Influenza |

**For more information, contact the Life Health Solutions  
Travel and Baby Immunisation Clinic**  
21 St. Andrews Road, Southernwood, East London  
Tel: (043) 743-7471

*Making a meaningful, measurable difference*